



Health Amplifier

Trustees' Annual Report and Financial Statement
2017/18

*“Relieve PAIN
and BRING
Hope”*



Love . Educate . Liberate



Children in the school break



Report of the trustees *for the year ending 31st March 2018*

The trustees present their report with the financial statements of Health Amplifier for the year ended 31 March 2018. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.



Top and bottom: Our Health Activists

Objectives *and* Activities

The purpose of the charity is:

“The relief of sickness and preservation of health, in particular, but not limited to, persons in extreme poverty.”

And the relief and/or prevention of poverty in the community in such ways as the Charity Trustees may from time to time decide.”

Before Health Amplifier was established, the community of Kikavu, Tanzania had no access to a local health clinic so had to travel for many miles to receive healthcare, consequently disease and malnutrition were high.

Additionally, with little education about the importance of good hygiene, environmental and personal sanitation was poor with water borne diseases occurring frequently. We are working to educate and support the community in overcoming the issues of poor healthcare, malnutrition, malaria, disease and dental hygiene.

As part of our programme to fight poverty in Kikavu and its surrounding villages, the charity funds the salary of local health professionals working in the Kikavu dispensary and community projects which help the charity to achieve its objectives and ensures sustainability.

The charity carries out its projects through partnership with other institutions but most specifically with the Catholic Diocese of Moshi – Korongoni Parish. The trustees have had due regard to the Charity Commission guidance on public benefit and recognise that it is their responsibility to ensure that the benefits offered have a positive impact in

“Relieve PAIN and BRING Hope”



Dr. Julian Brown - Chairman and children from Kikavu village

Kikavu and the surrounding area. The remainder of this report illustrates the activities undertaken to support the public benefit. Health Amplifier, although new, has had a great year since its start in June of 2016.

The charity is now running in partnership with Catholic Diocese of Moshi with seven different projects in the Kikavu village, benefiting more than 10,000 residents in the area.

Achievement *and* Performance

| Clinical Care



Which includes medical services, clinical services and clinical staff. These are done through the dispensary, which has been equipped and renovated with the help of the local community and financial grants given by Health Amplifier.

Awareness of our clinic is increasing, and we are becoming more renowned for our affordable and quality healthcare and starting to see patients frequently coming from villages further afield, some as far as Moshi.

“This year we had as many as 3195 new patients attend our clinic, making that 266 new patients on average each month. In total we have had 4961 patients attend our clinic this year, which is a 413-monthly average.”

| Mother & Child Centre

Currently, we offer healthcare to mothers and children in the dispensary, however we are also at the planning stage of constructing a new centre within the grounds of the dispensary in order to provide increased specialist care to mothers and children and transform the concerning problem of maternal deaths and infant mortality. The centre will offer healthcare and ntenatal support for pregnant women, mothers and children. This includes help with nutrition, dental care and an immunisation programme.

| What has been happening so far

“We had an International architect work with a Tanzanian engineer to design us an affordable centre. The way the building is designed is such that it is like butterfly wings, allowing space to act as a sound barrier between the delivery ward and the waiting room.”

Both the delivery room and maternity wards will be tucked under an existing tree, offering shade and privacy to the women. The centre will provide a delivery ward, antenatal and postnatal care, vaccinations for children, dental treatments and diabetes specialist care.

While we finalised all the designs, the community volunteered their time in August through to December to bring rubble and stone for us to lay the foundations. (Picture) This allowed us to keep the cost of labour down.

We spoke with several of the volunteers to hear their stories about why they wanted to volunteer and learnt that they had all volunteered their time because they really believed in the need for the new centre and what it can provide. Construction of our new centre started in February and will continue through the year until winter 2018.

| Diabetes Centre

We are currently at the planning stage to build a specialist centre within the Kikavu clinic, which will double up as a Diabetes Specialist Unit to identify, educate, monitor and appropriately treat all our local diabetes patients. Currently, in Northern Tanzania diabetes is the cause of 1 in 5 deaths due to poor management of the condition.



Village clinic 3D project images



Dr. August Temu with patient

| Community Care

We have introduced a Community Care Plan led by Dr August Temu, the Kikavu Village Officers and ten local volunteers. In Summer 2017 we fully trained our volunteers (Health Activists) on health issues the community suffer with. They will work with the community to educate on basic health, nutrition and disease prevention methods. By ensuring these important and basic steps are established in each household we aim to improve overall health and wellbeing.

Our Health Activists will support and monitor families to reach these goals. Families that action these steps are awarded a Patient Passport at the clinic and receive free health care and lab testing at the Kikavu clinic.

| What has been happening so far

Our community project has been supporting the community to make small behavioural changes which will benefit their long-term health. This summer we have fully trained fifteen local volunteers (Health Activists) in a variety of health problems that are regularly seen in Kikavu and they are now facilitate the programme.

Our volunteers visit households and explain about our 10-point community care scheme while educating families on the health benefits of drinking boiling water, dental hygiene, living in a more sanitised and hygienic home and recognising when they must visit a doctor. So far this year we have issued fourteen families with their Patient Passports.

This means that they have complied with all ten points of our community care scheme, not only making their homes healthier for all the family but also receiving completely free health-care at our Kikavu clinic.

We have also been able to provide all our Health Activists with bicycles, allowing them to be able to visit more households in a shorter time frame, meaning they don't have to sacrifice working hours.



Patients receiving their Passports from Dr. August Temu



Executive Director, Jorge and Mel Damasceno with the children at school

| School

Throughout the year we have provided each student with a piece of fruit each month, as an incentive for healthy eating. August to December we complimented the fruit programme with the provision of over 20,000 school lunches. The school have had some administration problems involving their finances and so we helped them short term for a critical time to ensure the students were eating, while the school sorted out the problem.

It was highlighted to us in November that the tap in the school was not working. The students were walking to the stream and back carrying water for everyone to drink during class time, and to cook lunch with. Clean and accessible drinking water is vital, especially in a school of 700 students. We explored alternative methods to help resolve this and had a wonderfully generous donation which enabled us to build new taps in the school. These were finished in January and the students now have access to a sanitation block with 10 taps.

With the help of our public supporters we were able to raise the funds to give the gift of stationary to all the students in Kikavu primary school this Christmas. Stationary is something many families cannot afford.

We are so pleased to be able to help provide these gifts because not only will it help them in class with their creativity, but it brought so much joy. Each pack cost just 75p and every child was given a notepad, ruler, pencil, rubber, sharpener, pen and colouring pencils.

Children from the village brushing their teeth





Mother with son in the village

| Oral Hygiene

We fully implemented our toothbrushing programme in Kikavu primary school this year. Sofia trained all the teachers on the importance of dental hygiene as well as technique in July 2017. We then had a toothbrushing action day. With the help of our resident dentist, and some lovely Health Officers from a local Women's Empowerment programme (TATU) we gave a fun and educational drama demonstration on how to brush teeth.

Throughout the year we have continued to educate and ensure the students are brushing their teeth regularly and with the correct technique and have carried out games such as Pin the Smile on the Tooth throughout the year to continue making the education fun.

A local dental hygiene company, Whitedent, kindly made a generous donation of toothbrushes to last most of the year, which significantly kept our expenditure down, helping us focus on other projects.

The student's involvement is monitored every day and students that partake 80% every quarter get awarded for excellent achievement with either fruit or stationary. This year we have been able to give 804 awards of fruit and stationary across the annual year for excellent participation.

| Malaria Prevention

This project brings awareness to the community of the importance of simple prevention methods such as using mosquito nets, as well as conducting rapid malaria test at the first sign of any symptom to ensure the illness can be treated at an early stage and therefore reduces the risk of spreading. As a result, the number of malaria cases in the village has reduced significantly.





| Summary of the main achievements

- August to December we complimented the fruit programme with the provision of over 20,000 school lunches.
- We have also been able to provide all our Health Activists with bicycles, allowing them to be able to visit more households in a shorter time frame, meaning they don't have to sacrifice working hours.
- The building of a sanitation block with 10 water taps.
- The 700 students of Chini school were given a notepad, ruler, pencil, rubber, sharpener, pen and colouring pencils pack.
- 4667 malaria rapid tests were carried out in our clinic with only 31 positive cases,
- Health Amplifier invested 96% of all the donations received in the projects we run in Kikavu -Tanzania.

| **Policy on Grant Making**

The charity has established a grant making policy to achieve its objectives to the public benefit. The trustees apply the funds of the charity at their discretion and in accordance with the charitable purposes and objectives of the charity.

The trustees will consider any requests or known situations that are eligible for consideration.

a. Each request or situation will be considered on its own merits. Where situations have been previously considered (whether successful or not) any due diligence undertaken to reach an earlier decision will be made available to the trustees.

b. The trustees will carry out sufficient due diligence to ensure that the request or situation meets both the charitable purposes, and the priorities for support set out in its policy.

c. The trustees are happy to work in partnership with other grant making bodies where funding of an entire project is beyond the scope of any single organisation. This includes, but is not limited to, national and international Relieve operations in the wake of natural disasters.

At the moment, the main beneficiary of our grants is the Kikavu Dispensary in Tanzania. The total amount of funds awarded to the Dispensary between April 2017 and March 2018 was 67,261.61, which was essential for the running of the Dispensary and all the projects associated to it.

All the grants awarded are closely monitored by the trustees and by our onsite project manager to make sure that they reflect the charity's objectives and thereby advance public benefits.

| **Plans for the Future**

We are building a new centre to provide specialist diabetes care and a mother & child unit. This centre is specifically designed to be used for the management and regular monitoring of diabetes, educational healthcare seminars and ante-natal and postnatal care.

Our aim is to give the best healthcare possible to the community of Kikavu and those from further afield. Once the centre is built we will be seeking equipment to offer digital retinal photography, an ultra sound machine and also a dental chair to be able to treat the dental complications that arise from having diabetes and also during pregnancy.

We will also be offering appointments with a podiatrist, nurses and doctors. Dr Julian will of course be coming to Tanzania to educate and train all members of staff on diabetes, as this is his specialist area.

We are delighted to let you know that due to the generosity of our donors, the Centre is in the process of being built and we hope that is going to be ready by the end of 2018.

| **Financial Review**

Although the charity welcomes donations made by the public, the charity's major source of funding is from grants and donations issued by private companies and other institutions that share the same ethos of the charity. This way we make sure that all the public donation will go to the front line.

We are pleased to report that for the fiscal year of 2017/2018, Health Amplifier invested 96% of all the donations received in the project we run in Kikavu -Tanzania. The charity holds no designated, restricted, investment or endowment funds.

Due to the generosity of our donors we managed to make grants to the total amount of £66,521.00 to fight poor health issues and poverty in Kikavu, Tanzania and still close the 2017/2018 account with a surplus, which will be invested in the finance of new projects in the next fiscal year.

| **Reserves Policy**

The trustees aim to keep the free reserves amounting to approximately three months average expenditure. The trustees believe that this level will be sufficient to respond to our grant beneficiary and have enough money to cover any governance costs.

Since we are a new charity this policy will be reviewed annually as the work of the charity develops.

Structure, Governance *and* Management

| Structure, Governance and Management

Governing Document

Health Amplifier is a Charitable Incorporated Organisation (CIO) governed by its constitution dated on 20th April 2016. It is registered as a charity with the Charity Commission number 1167973. The charity is governed by a board of trustees.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Appointment of Trustees

As set in the constitution, apart from the first Charity Trustees, unless the Charity Trustees decide otherwise every Charity Trustee is appointed by a resolution passed at a properly convened meeting of the Charity Trustees. In selecting individuals for appointment as Charity Trustees, the Charity Trustees have considered the skills, knowledge and experience needed for the effective administration of the charity. There must be a majority of Charity Trustees who subscribe and adhere to, in belief and lifestyle, the Statement of Faith.

Reference and Administrative details

Charity name: Health Amplifier

Charity number: 1167973

Charity website: www.healthamplifer.org

Registered Office: Happisburgh Manor, The Street, Happisburgh, Norfolk, NR12 0AB.

Banker: Barclays Bank, 34 Market Pl, Dereham NR19 2AS.

The trustees and officers serving during the year and since the year end were as follows

Dr. Julian David Brown - Chairman

Rev. Jorge Luis De Souza Damasceno – Executive Director

Dr. Marianne Simoes (Appointed in 28th March 2018)

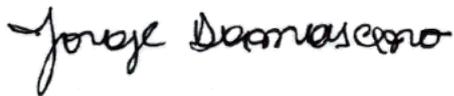
Mrs. Panna Nathwani. (resigned in 30th June 2018)

| **Declarations**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Signature(s)

A handwritten signature in black ink that reads "Jorge Damasceno". The signature is written in a cursive style with a large initial 'J'.

Full name(s): Jorge Damasceno

Position: Trustee

Date: *November 16th, 2018*

**Independent Examiner's Report to the Trustees of
Health Amplifier CIO**

I report on the accounts for the year ended 31 March 2018, which are set out on pages three to six.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 130 of the Act; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of the Act; or
4. that there is further information needed for a proper understanding of the accounts.

Independent examiner's statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Mark Johnstone FCA
Argents Chartered Accountants
15 Palace Street
NORWICH
Norfolk
NR3 1RT

15 November 2018

Health Amplifier CIO

Statement of Financial Activities
for the year ended 31 March 2018

	Year ended 31.3.18 Unrestricted fund £	Period 21.4.16 to 31.3.17 Total funds £
INCOMING RESOURCES		
Incoming resources from generated funds		
Voluntary income	70,894	29,702
RESOURCES EXPENDED		
Costs of generating funds		
Costs of generating voluntary income	355	362
Charitable activities		
Charitable Activities	<u>70,061</u>	<u>21,458</u>
Total resources expended	<u>70,416</u>	<u>21,820</u>
NET INCOMING RESOURCES	<u>478</u>	<u>7,882</u>
RECONCILIATION OF FUNDS		
Total funds brought forward	<u>7,882</u>	-
TOTAL FUNDS CARRIED FORWARD	<u><u>8,360</u></u>	<u><u>7,882</u></u>

The notes form part of these financial statements

Health Amplifier CIO

Balance Sheet
At 31 March 2018

	Notes	2018 Unrestricted fund £	2017 Total funds £
CURRENT ASSETS			
Debtors	4	943	-
Prepayments and accrued income		117	-
Cash at bank		<u>8,200</u>	<u>8,482</u>
		9,260	8,482
CREDITORS			
Amounts falling due within one year	5	<u>(900)</u>	<u>(600)</u>
NET CURRENT ASSETS		<u>8,360</u>	<u>7,882</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>8,360</u>	<u>7,882</u>
NET ASSETS		<u>8,360</u>	<u>7,882</u>
FUNDS	6		
Unrestricted funds		<u>8,360</u>	<u>7,882</u>
TOTAL FUNDS		<u>8,360</u>	<u>7,882</u>

The financial statements were approved by the Board of Trustees on 14 November 2018 and were signed on its behalf by:



Rev J Damasceno -Trustee

Health Amplifier CIO

Notes to the Financial Statements for the year ended 31 March 2018

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. GRANTS PAYABLE

	Year ended 31.3.18 £	Period 21.4.16 to 31.3.17 £
Charitable Activities	<u>66,521</u>	<u>20,422</u>

The total grants paid to institutions during the year was as follows:

	Year ended 31.3.18 £	Period 21.4.16 to 31.3.17 £
Kikavu Dispensary Grant	59,044	20,422
Kikavu Dispensary Grant Mother & Child	<u>7,477</u>	-
	<u>66,521</u>	<u>20,422</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2018 nor for the period ended 31 March 2017.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2018 nor for the period ended 31 March 2017.

Health Amplifier CIO

Notes to the Financial Statements - continued
for the year ended 31 March 2018

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Other debtors	<u>943</u>	<u>-</u>

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2018 £	2017 £
Other creditors	<u>900</u>	<u>600</u>

6. MOVEMENT IN FUNDS

	At 1.4.17 £	Net movement in funds £	At 31.3.18 £
Unrestricted funds			
General fund	7,882	478	8,360
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>7,882</u>	<u>478</u>	<u>8,360</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	70,894	(70,416)	478
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>70,894</u>	<u>(70,416)</u>	<u>478</u>

Comparatives for movement in funds

	Net movement in funds £	At 31.3.17 £
Unrestricted Funds		
General fund	7,882	7,882
	<u> </u>	<u> </u>
TOTAL FUNDS	<u>7,882</u>	<u>7,882</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,702	(21,820)	7,882
	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u>29,702</u>	<u>(21,820)</u>	<u>7,882</u>

Health Amplifier CIO**Detailed Statement of Financial Activities
for the year ended 31 March 2018**

	Year ended 31.3.18 £	Period 21.4.16 to 31.3.17 £
INCOMING RESOURCES		
Voluntary income		
Donations	<u>70,894</u>	<u>29,702</u>
Total incoming resources	70,894	29,702
RESOURCES EXPENDED		
Costs of generating voluntary income		
Fundraising equipment	-	362
Marketing	<u>355</u>	<u>-</u>
	355	362
Charitable activities		
Equipment for Kikavu	741	-
Grants to institutions	<u>66,521</u>	<u>20,422</u>
	67,262	20,422
Support costs		
Management		
Insurance	150	-
Travel expenses	1,493	-
Office expenses	256	330
Accountancy & Examination	<u>900</u>	<u>600</u>
	2,799	930
Finance		
Bank charges	<u>-</u>	<u>106</u>
Total resources expended	70,416	21,820
Net income	<u><u>478</u></u>	<u><u>7,882</u></u>

This page does not form part of the statutory financial statements



“Thank you!”

**“For all your support in Loving,
Educating and Liberating lives.
You are making the difference!”**

*Don't forget to visit our website
for more information:*

healthamplifier.org/impactreports/

Villager from Kivkavu



healthamplifier.org