



## Objectives O Activities

## The purpose of the charity is...

"The relief of sickness and preservation of health, in particular, but not limited to, persons in extreme poverty."

"And the relief and/or prevention of poverty in the community in such ways as the Charity Trustees may from time to time decide."

Before Health Amplifier was established, the community of Kikavu, Tanzania had no access to a local health clinic so had to travel for many miles to receive healthcare, consequently disease and malnutrition were high.

Additionally, with little education about the importance of good hygiene, environmental and personal sanitation was poor with water borne diseases occurring frequently. We are working to educate and support the community in overcoming the issues of poor healthcare, malnutrition, malaria, disease and dental hygiene.

As part of our programme to fight poverty in Kikavu and its surrounding villages, the charity funds the salary of local health professionals working in the Kikavu dispensary and community projects which help the charity to achieve its objectives and ensures sustainability.

The charity carries out its projects through partnership with other institutions but most specifically with the Catholic Diocese of Moshi – Korongoni Parish. The trustees have had due regard to the Charity Commission guidance on public benefit and recognise that it is their responsibility to ensure that the benefits offered have a positive impact in Kikavu and the surrounding area.

The remainder of this report illustrates the activities undertaken to support the public benefit. Health Amplifier, although new, has had a great year since its start in June of 2016.

The charity is now running in partnership with Catholic Diocese of Moshi with seven different projects in the Kikavu village, benefiting more than 10,000 residents in the area.

## Achievement S. Performance S.

## **Clinical Care**



Between March 2018 and March 2019, 5678 patients have been treated at the Kikavu clinic, where upper respiratory infections, urinary tract infections, gastro-intestinal diseases, skin diseases together with hypertension and diabetes type II are the most common diseases in the region. During the past year the cases of malaria have decreased drastically, having few cases during raining season.

In total we have had 5,678 patients attending our clinic this year, which is an average of 474 patients a month.

## Mother & Child and Diabetes Specialist Centre

Currently, we offer healthcare to mothers and children in the dispensary, however we are also at the planning stage of constructing a new centre within the grounds of the dispensary in order to provide increased specialist care to mothers and children and transform the concerning problem of maternal deaths and infant mortality. The centre will offer healthcare and neonatal support for pregnant women, mothers and children. This includes help with nutrition, dental care and an immunisation programme.



## What has been happening so far...

We are excited to let you know is that our Mother and Child Center and Diabetes specialist is near to completion. We are very thankful to all of those who have been financially supporting this project.

The impact of such a centre on the lives of so many mothers and children is going to be huge. We have already been able to reduce the maternal and infant death rate. Currently, in Northern Tanzania diabetes is the cause of 1 in 5 deaths due to poor management of the condition. With this new facility their quality of life is going to improve even more.





## **Community Care**

We have introduced a Community Care Plan led by Dr August Temu, the Kikavu Village Officers and ten local volunteers. In Summer 2017 we fully trained our volunteers (Health Activists) on health issues the community suffer with. They will work with the community to educate on basic health, nutrition and disease prevention methods. By ensuring these important and basic steps are established in each household we aim to improve overall health and wellbeing.

Our Health Activists will support and monitor families to reach these goals. Families that action these steps are awarded a Patient Passport at the clinic and receive free health care and lab testing at the Kikavu clinic.

## **Nutrition Program**

Our nutrition program helps to fund school lunches at Chini School. The goal is to feed all the students from the school during lunch time every day. The menu includes beans and maize. Last year Health Amplifier helped to provide over 25,000 school lunches. Once a month we also promote a fruit day so the pupils are served with fruit to help to boost their health.

It was also great to have some students from the UK to be their medical electives at Chini School in Kikavu. They worked hard to measure the height and weight of the school children so we will able to monitor their physical development. We are planning to have the same data collection next year for comparison and use the result to bring awareness in the community of the importance of having a healthy diet.



## **School**

Our dental school program has been a success. 564 children from Chini School in Kikavu, were screened, and 222 tooth cavities have been treated. The number of cavities reduced drastically compared to 2017 where the number of children screened were 533 and the number of dental cavities treated were 692. Most dental cavities treated this year are from children that are starting their first school year and haven't received any previous dental treatment.

After lunch all pupils are encouraged to do toothbrushing everyday with the help of the teachers and our dental assistant Oliva. Health Amplifier provides toothbrushes and toothpaste to all the school students. The toothbrushes are replaced every 3 months. Oliva and Sofía are the ones in charge of the control and implementation of the toothbrushing technique.









## Summary of the main achievements

- From April 2018 to March 2019, Health Amplifier helped to provide over 25,000 school lunches.
- 564 pupils from Chini School in Kikavu, were screened, and 222 tooth cavities have been treated.
- drop of 20% in dental cavities amongst the pupils at Chini school due to our early dental intervention.
- 5678 patients treated for various health conditions.
- The Mother & Child and Diabetes Specialist Unit on course to be finished in the first half of 2019.

## **Policy on Grant Making**

The charity has established a grant making policy to achieve its objectives to the public benefit. The trustees apply the funds of the charity at their discretion and in accordance with the charitable purposes and objectives of the charity. The trustees will consider any requests or known situations that are eligible for consideration.

- a. Each request or situation will be considered on its own merits. Where situations have been previously considered (whether successful or not) any due diligence undertaken to reach an earlier decision will be made available to the trustees.
- b. The trustees will carry out sufficient due diligence to ensure that the request or situation meets both the charitable purposes, and the priorities for support set out in its policy.
- c. The trustees are happy to work in partnership with other grant making bodies where funding of an entire project is beyond the scope of any single organisation. This includes, but is not limited to, national and international relief operations in the wake of natural disasters.

At the moment, the main beneficiary of our grants is the Kikavu Dispensary in Tanzania. The total amount of funds awarded to the Dispensary between April 2018 and March 2019 was £85,956.00 which was essential for the running of the Dispensary and all the projects associated to it.

All the grants awarded are closely monitored by the trustees and by our onsite project manager to make sure that they reflect the charity's objectives and thereby advance public benefits.

## Plans for the Future

We are building a new centre to provide specialist diabetes care and a mother & child unit. This centre is specifically designed to be used for the management and regular monitoring of diabetes, educational healthcare seminars and antenatal and postnatal care.

Our aim is to give the best healthcare possible to the community of Kikavu and those from further afield. Once the centre is built we will be seeking equipment to offer digital retinal photography, an ultrasound machine and also a dental chair to be able to treat the dental complications that arise from having diabetes and also during pregnancy.

We will also be offering appointments with a podiatrist, nurses and doctors. Dr Julian will of course be coming to Tanzania to educate and train all members of staff on diabetes, as this is his specialist area.

We are delighted to let you know that due to the generosity of our donors, the Centre is in the process of being built and we hope that it is going to be ready by the beginning of 2019.

## **Financial Review**

Although the charity welcomes donations made by the public, the charity's major source of funding is from grants and donations issued by private companies and other institutions that share the same ethos of the charity. This way we make sure that all the public donations will go to the front line.

We are pleased to report that for the fiscal year of 2018/2019, Health Amplifier invested all of the donations received in the project we run in Kikavu -Tanzania. The charity holds no designated, restricted, investment or endowment funds.

Due to the generosity of our donors we managed to make grants to the total amount of £85,956.00 to fight poor health issues and poverty in Kikavu, Tanzania and still close the 2018/2019 account with a surplus, which will be invested in the finance of new projects in the next fiscal year.

## **Reserves Policy**

The trustees aim to keep the free reserves amounting to approximately three months average expenditure. The trustees believe that this level will be sufficient to respond to our grant beneficiary and have enough money to cover any governance costs.

Since we are a new charity this policy will be reviewed annually as the work of the charity develops.

## Structure, Governance and Management

#### **Governing Document**

Health Amplifier is a Charitable Incorporated Organisation (CIO) governed by its constitution dated on 20th April 2016. It is registered as a charity with the Charity Commission number 1167973. The charity is governed by a board of trustees.

#### Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

#### **Appointment of Trustees**

As set in the constitution, apart from the first Charity Trustees, unless the Charity Trustees decide otherwise every Charity Trustee is appointed by a resolution passed at a properly convened meeting of the Charity Trustees. In selecting individuals for appointment as Charity Trustees, the Charity Trustees have considered the skills, knowledge and experience needed for the effective administration of the charity. There must be a majority of Charity Trustees who subscribe and adhere to, in belief and lifestyle, the Statement of Faith.

#### Reference and Administrative details

**Charity name:** Health Amplifier

Charity number: 1167973.

**Charity website:** www.healthamplifier.org

**Registered Office:** Happisburgh Manor, The Street, Happisburgh, Norfolk, NR12 0AB.

Banker: Barclays Bank, 34 Market Pl, Dereham NR19 2AS.

The trustees and officers serving during the year and since the year end were as follows:

**Chairman** Dr. Julian David Brown

**Executive Director** Rev. Jorge Luis De Souza Damasceno

**Trustee** Dr. Marianne Simoes (appointed on 28th March 2018) **Trustee** Mrs. Panna Nathwani. (resigned in 30th June 2018)

### **Declarations**

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees.

Signature(s)

Full name(s): Jorge Damasceno

Position: Trustee December, 3rd 2019

### Independent Examiner's Report to the Trustees of Health Amplifier CIO

#### Independent examiner's report to the trustees of Health Amplifier CIO

I report to the charity trustees on my examination of the accounts of the Health Amplifier CIO (the Trust) for the year ended 31 March 2019.

#### Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

Mark Johnstone FCA
Argents Chartered Accountants
15 Palace Street
NORWICH
Norfolk
NR3 1RT

Argents

Date: 28/11/2019

## Statement of Financial Activities for the year ended 31 March 2019

		Unrestricted	Restricted	2019 Total funds	2018 Total funds
	Not es	fund £	fund £	£	£
INCOME AND ENDOWMENTS FROM Donations and legacies	CS	90,375	38,509	128,884	70,894
Total		90,375	38,509	128,884	70,894
EXPENDITURE ON					
Raising funds Charitable activities		1,347	-	1,347	355
Charitable Activities		84,205	20,814	105,019	70,061
Total		85,552	20,814	106,366	70,416
NET INCOME		4,823	17,695	22,518	478
RECONCILIATION OF FUNDS					
Total funds brought forward		8,360	-	8,360	7,882
TOTAL FUNDS CARRIED FORWARD		13,183	17,695	30,878	8,360

#### Balance Sheet At 31 March 2019

		Unrestricted	Restricted	2019 Total funds	Total	2018 funds
	Not es	fund £	fund £	£		£
FIXED ASSETS Tangible assets	6	609	-	609		-
CURRENT ASSETS Debtors Prepayments and accrued income	7	-	-	:		943 117
Cash at bank		13,474	17,695	31,169	_	8,200
		13,474	17,695	31,169		9,260
CREDITORS Amounts falling due within one year	8	(900)		(900)	_	(900)
NET CURRENT ASSETS		12,574	17,695	30,269	_	8,360
TOTAL ASSETS LESS CURRENT LIABILITIES	S	13,183	17,695	30,878	_	8,360
NET ASSETS		13,183	17,695	30,878	=	8,360
FUNDS Unrestricted funds Restricted funds	9			13,183 17,695		8,360
				<u>17,695</u>	-	
TOTAL FUNDS				30,878	=	8,360

The financial statements were approved by the Board of Trustees on 27/11/2019 and were signed on its behalf by:

Joseph Source

Rev J Damasceno -Trustee

### Notes to the Financial Statements for the year ended 31 March 2019

#### 1. ACCOUNTING POLICIES

#### Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

#### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

#### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

#### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on cost

#### **Taxation**

The charity is exempt from tax on its charitable activities.

#### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The MCCU Restricted fund was created in the year in question when a donation was made specifically for the provision for a Mother & Child medical facility in Kikavu, this is compatable with the charities stated aim of furthering the provision of healthcare in communities in extreme poverty in Tanzania.

#### Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. GRANTS PAYABLE

Charitable Activities	2019 £ <u>85,956</u>	2018 £ 66,521
The total grants paid to institutions during the year was as follows:	2019 £	2018 £
Kikavu Dispensary Grant Kikavu Dispensary Grant Mother & Child Kikavu Dispensary Grant Chinischool Projects	57,056 20,814 	59,044 7,477
	85,956	66,521

### Notes to the Financial Statements - continued for the year ended 31 March 2019

#### 3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

#### 4. STAFF COSTS

The average monthly number of employees during the year was as follows:

Average number of full time equivalent 2019 2018

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No employees received emoluments in excess of £60,000.

#### 5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund	Restricted fund	Total funds
INCOME AND ENDOWMENTS FROM	£	£	£
Donations and legacies	70,894		70,894
Total	70,894	-	70,894
EXPENDITURE ON			
Raising funds Charitable activities	355	-	355
Charitable Activities  Charitable Activities	70,061		70,061
Total	70,416	-	70,416
NET INCOME	478	-	478
RECONCILIATION OF FUNDS			
Total funds brought forward	7,882	-	7,882
TOTAL FUNDS CARRIED FORWARD	<u>8,360</u>		8,360

#### 6. TANGIBLE FIXED ASSETS

TANGIBLE FIXED ASSETS	Computer equipment £
COST Additions	764
<b>DEPRECIATION</b> Charge for year	155
NET BOOK VALUE At 31 March 2019	609
At 31 March 2018	

## Notes to the Financial Statements - continued for the year ended 31 March 2019

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEA	R
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	Other debtors		2019 £	2018 £ 943
8.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			
	Other creditors		2019 £ 900	2018 £ 900
9.	MOVEMENT IN FUNDS			
		At 1.4.18 £	Net movement in funds £	At 31.3.19 £
	Unrestricted funds General fund	8,360	4,823	13,183
	Restricted funds MCCU Construction fund		17,695	17,695
	TOTAL FUNDS	<u>8,360</u>	22,518	30,878
	Net movement in funds, included in the above are as follows:			
		Incoming resources £	Resources expended £	Movement in funds
	Unrestricted funds General fund	90,375	(85,552)	4,823
	Restricted funds MCCU Construction fund	38,509	(20,814)	17,695
	TOTAL FUNDS	128,884	<u>(106,366</u> )	22,518
	Comparatives for movement in funds		Net	
		At 1.4.17 £	movement in funds	At 31.3.18 £
	Unrestricted Funds General fund	7,882	478	8,360
	TOTAL FUNDS	7,882	478	8,360

## Notes to the Financial Statements - continued for the year ended 31 March 2019

#### 9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds
Unrestricted funds General fund	70,894	(70,416)	478
TOTAL FUNDS	70,894	<u>(70,416</u> )	<u>478</u>

A current year 12 months and prior year 12 months combined position is as follows:

		Net movement in	
	At 1.4.17 £	funds £	At 31.3.19 £
Unrestricted funds General fund	7,882	5,301	13,183
Restricted funds MCCU Construction fund	<del>-</del>	17,695	17,695
TOTAL FUNDS	7,882	22,996	30,878

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds General fund	161,269	(155,968)	5,301
Restricted funds MCCU Construction fund	38,509	(20,814)	17,695
TOTAL FUNDS	199,778	<u>(176,782</u> )	22,996

#### 10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.

## Detailed Statement of Financial Activities for the year ended 31 March 2019

	2019 £	2018 £
INCOME AND ENDOWMENTS		
Donations and legacies Donations	128,884	70,894
Total incoming resources	128,884	70,894
EXPENDITURE		
Raising donations and legacies Marketing	1,347	355
Charitable activities Wages Pensions Equipment for Kikavu Grants to institutions	15,620 133 - 85,956 101,709	741 66,521 67,262
Support costs Management Insurance Telephone Travel expenses Office expenses Accountancy & Examination	269 144 1,145 667 900	150 - 1,493 256 900
Finance Bank charges Other Computer equipment Total resources expended	3,125 30 <u>155</u> 106,366	2,799 - - - 70,416
Net income	22,518	<u>478</u>

# THANK YOU!

"For all your support in Loving, Educating and Liberating lives. You are making the difference!"

Don't forget to visit our website for more information:

healthamplifier.org/impactreports/